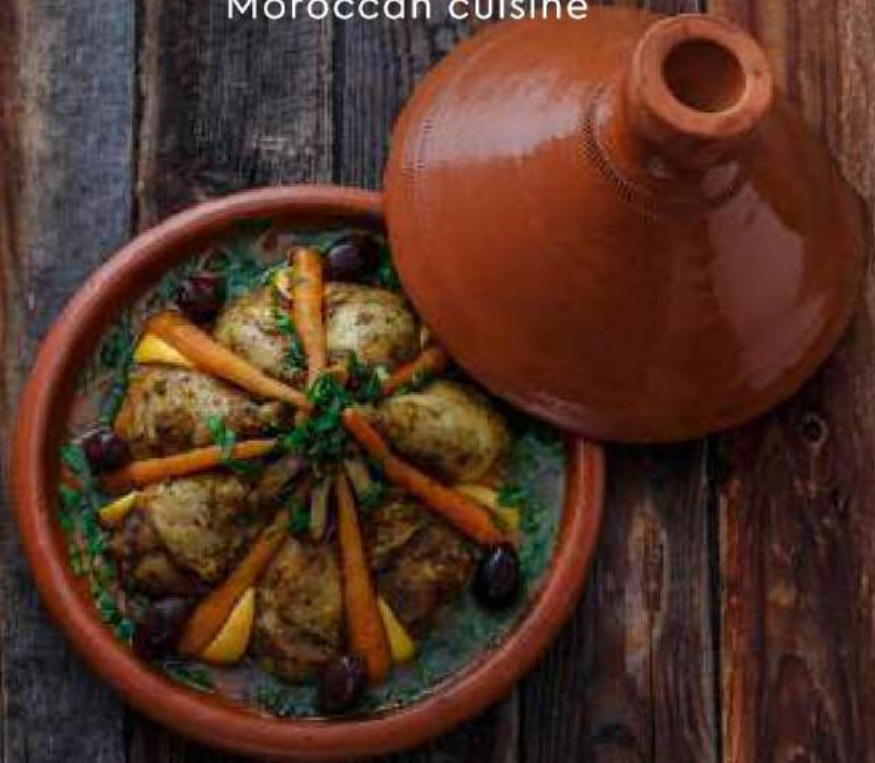
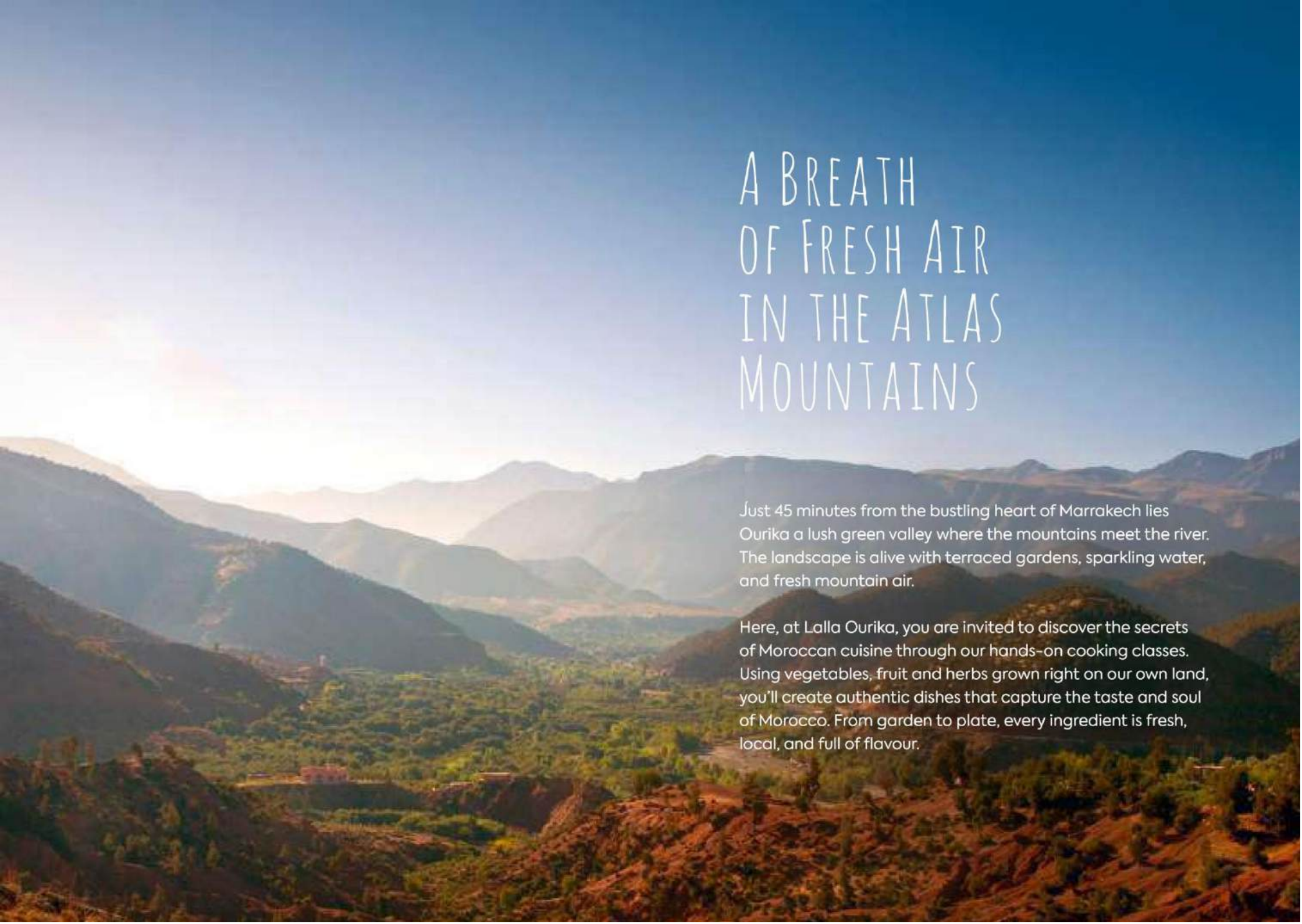


MOROCCAN COOKING CLASSES

Discover the secrets of
Moroccan cuisine





A BREATH OF FRESH AIR IN THE ATLAS MOUNTAINS

Just 45 minutes from the bustling heart of Marrakech lies Ourika a lush green valley where the mountains meet the river. The landscape is alive with terraced gardens, sparkling water, and fresh mountain air.

Here, at Lalla Ourika, you are invited to discover the secrets of Moroccan cuisine through our hands-on cooking classes. Using vegetables, fruit and herbs grown right on our own land, you'll create authentic dishes that capture the taste and soul of Morocco. From garden to plate, every ingredient is fresh, local, and full of flavour.

COOKING WITH HEART

Our chef, Fatiha, will guide you through the process from hand-picking fresh produce in our garden to preparing classic Moroccan dishes in our open-air kitchen. You'll learn not just the recipes, but the stories, traditions, and techniques behind them. And for the full Moroccan experience, you can even bake your own traditional bread in our authentic clay oven a delicious ritual that has been part of Moroccan life for centuries.

Experience making your own:

Traditional Tajines

Sweet or savoury, beef, chicken, lamb, fish or vegetarian.

Moroccan Couscous

Traditional couscous with vegetables and lamb, beef, chicken or vegetarian.

Traditional Moroccan Bread

Handmade and baked in a traditional clay oven – the perfect companion to your tajine.





THE REAL MOROCCAN HOSPITALITY

In Morocco, hospitality is an art. From the moment you arrive, you'll be greeted with a warm "Marhaba!" (Welcome!) and treated as part of the family. Whether it's a glass of sweet mint tea, freshly picked from our own garden, its fragrancefilling the air, a plate of homemade pastries, or a friendly conversation, every gesture is genuine and from the heart.

A FEAST BY THE RIVER

At Lalla Ourika, every dish is infused with the soul of Morocco: fragrant saffron from the valleys, warm cinnamon and cumin, fresh coriander, and the delicate aroma of wild herbs from Ourika. Here, the spices are not just ingredients; they are the poetry of Moroccan cuisine, bringing depth, color, and memory to every bite.



A LITTLE ADVENTURE IN OURIKA

Life in the Ourika Valley moves at its own rhythm. Between cooking and relaxing, you can wander off for a gentle adventure whether it's a slow stroll along the riverbanks or a playful pétanque match under the olive trees. Afterwards, cool down and linger by the pool, letting the mountain sun and shimmering water slow time to a perfect pause.

And as the hours drift by like a soft breeze, your tajine will have gently simmered to perfection aromatic, tender, and ready to be enjoyed together.



For more info
scan QR-code



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Lalla Ourika is a creation of

Kenzara
LA FAMILLE

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